

Kirby Café October & November 2019

Salads and soups are vegetarian unless noted otherwise. Menu items are subject to change

13	14 Dessert Day Bacon Cheddar Egg Bake Tofu Scramble Custard Bread Pudding Baked Apples Sweet Soup	15 Mushroom Day Tomato Beef Grilled Portabella Mushrooms Herbed Potatoes Peas & Carrots Green Bean Vegetable Soup	16 Jamaican Style Fish Roasted Tempeh Pineapple Rice Black Bean Stew Spiced Yam Soup	17 Pasta Day Italian Style Chicken Penne Marinara Summer Squash Fennel Sauté Steamed Greens Roasted Bell Pepper & Onion	18 Baked Potato Bar Vegan Chili Fire Roasted Broccoli Grilled Mushrooms Cheddar Bisque	19
20	21 Pepperoni Pizza Bread Cheese Pizza Bread Steamed Green Beans Grilled Swiss Chard Tomato Soup	22 Kahlua Pork Pineapple Teriyaki Tofu Basmati Rice Sesame Roasted Broccoli Sesame Vegetable Soup	23 Sandwich day Sloppy Joe Sloppy Vinnie Toasted Potatoes Peas and Carrots Corn Chowder	24 Pasta Day Build Your Own Penne Pasta Alfredo Sauce, Marinara Sauce, Pesto Meatballs/ Vegan Meatballs Sautéed Veggies Potato Soup	25 Taco Day Carnitas Grilled Tofu Fajitas Refried Beans Spanish Rice Pozole	26
27	28 Baked Potato Bar Vegan Chili Fire Roasted Broccoli Grilled Mushrooms Cheddar Bisque	29 Build Your Own Pita Chicken Schwarma Falafel Pita Bread Spanakopita Creamy Dill Soup	30 Sandwich Day Grilled Turkey and Cheese Grilled Cheese Bake Garlic Greens Seared Bell Peppers & Onions Tomato Soup	31 Halloween Bones and Batwings Stuffed Monster Heads Baked Fingers Roasted Nightshades Ghoulish Worm Soup	November 1 Nacho Day Corn Tortilla Chips Ground Beef Refried Beans Fajita Veggies Cheddar Soup	2
3 Daylight Savings	4 Tandoori Style Chicken Chana Masala (chickpea stew) Saag (creamed spinach) Naan (flat bread) Coconut Curry	5 Roasted Turkey Spaghetti Squash Bake Toasted Potatoes Garlic Kale Pumpkin Soup	6 Sandwich Day Meatballs with Marinara on Side Vegan Meatballs Italian Rolls Grilled Peppers Carrot Fennel Soup	7 Pasta Day Hamburger Steaks Macaroni and Cheese Steamed Broccoli Roasted Baby Carrots Tomato Soup	8 Taco Day Tinga de Pollo (shredded chicken) Tofu Fajitas Refried Beans Spanish Rice Pozole	9
10	11 No School Veteran's Day	12 Sesame Chicken Garlic Tofu Rice Noodles Stir Fry Green Beans Hot and Sour Soup	13 Pretzel Dogs Polish Hot Dog Vegan Sausage Black Bean Chili Grilled Onions & Mushrooms Tomato Soup	14 Pasta Day Italian Sausage Lasagna Grilled Vegetable Lasagna Fennel Sauté Toasted Brussels Sprouts Barley Soup	15 Taco Day Lime Fish Tacos Cilantro Avocado Fajitas Black Beans Smoked Potatoes Corn Chowder	16
17	18 Baked Ham Honey Tofu Soft Pretzels & Mustard Roasted Apples and Carrots Tomato Soup	19 Turkey Pot Pie Vegetable Pot Pie Smashed Potatoes Roasted Squash Pumpkin Soup	20 Sandwich Day Grassfed Beef Burgers Impossible Burgers Toasted Potatoes Roasted Squash Vegetable Soup	21 Pasta Day Build Your Own Penne Pasta Alfredo Sauce, Marinara Sauce, Pesto Italian Sausage Sautéed Veggies Potato Soup	22 Taco Day Grilled Chicken Tofu Fajitas Refried Beans Spanish Rice Pozole	23
24	25 Tandoori Style Chicken Kitcheree Saag Naan Carrot Curry	26 Penne Marinara Sautéed Mushrooms Grilled Peppers Steamed Broccoli Potato Bisque	27 Thanksgiving Break	28 Thanksgiving Break	29 Thanksgiving Break	30